

**I would like to know more about
Volunteer Opportunities at**



Name: _____ Birthdate: _____

Organization (if applicable): _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

Fax Number: _____

E-mail: _____

Best time/way to contact you: _____

How did you hear about us? _____

Primary communication to volunteers is through the monthly e-newsletter, *Volunteer Update*.
Would you like to receive this newsletter about upcoming volunteer opportunities? Yes No

Is there a particular type of volunteer work in which you are interested? See reverse for descriptions of volunteer opportunities and requirements (Check all that apply)

- Food Sorting
- Food Drive
- Office Work

- Food Box Assembly
- Special Events/Fundraising
- Warehouse Work

Please indicate the days and times you would like to work:

Weekday Afternoons Weekday Evenings Weekends Other _____

Are you volunteering to fulfill court-mandated community service? Yes No

The staff of FBA is willing to present to a variety of community groups. If you would like to set up a presentation with your local church/business/service organization, please indicate the type of information that would interest you:

- Hunger/poverty in Alaska
- Service Learning & Internships

- Volunteer Opportunities at FBA
- How to organize a food drive

Please list any applicable training, skills, interests or experience: _____

Please advise us if you have any concerns, special needs or limitations: _____

For Office Use Only: Date Received _____ DQ # _____

Descriptions of Volunteer Opportunities

Food Sorting: Help sort and shelve food that has been collected during food drives. The food becomes available to partner agencies to take out to hungry Alaskans once it is sorted. It is one of FBA's most important tasks and done almost daily.

Food Box Assembly (CSFP): FBA packs 1,600 food boxes each month to distribute to hungry seniors, pregnant/postpartum women and children ages 1-6. Groups of 12-24 volunteers are needed to assemble these food boxes. This is a great way for clubs or groups to work together and give back to the community.

Special Events: Lend a hand at local food drives, fundraising programs and special events. These jobs include collecting food, handing out information and staffing events. These are generally short-term opportunities. Volunteers typically work in shifts with others and schedules are determined by the need of each activity or event.

Food Drives: Sponsor a food drive to collect food for FBA. These can be done in your neighborhood, at work, school, or at club functions. The Outreach Specialist can assist you with ideas, shopping lists, collection barrels and food pick-up when you are done.

General Office Assistance: Our office support needs change constantly. Depending on the need of FBA office staff, you may answer telephones, conduct surveys, file paperwork, do data entry, etc. Let us know if you have special computer or office skills.

Food Bank of Alaska Volunteer Policies

Age requirements: Volunteers under the age of 18 must be accompanied by an adult. There must be an adult supervisor for every four volunteers under the age of 18. No one under the age of 6 is allowed to volunteer due to safety considerations.

Food: All of the food in the warehouse is donated by individuals and organizations to go to our partner agencies serving Alaskans who are hungry. FBA does provide some food for volunteers to snack on during a shift. This food is located in the break room and in the "volunteer refrigerator". No food or drink can be brought into the warehouse during your shift. It must be consumed in the break room.

Clothing: You will most likely be working in the warehouse around heavy machinery and where food is handled and stored. Please wear appropriate attire. **No open-toed shoes** or tank tops. Dress in comfortable clothing and wear comfortable shoes, as you will be working on a concrete floor. The warehouse is not cold, but you may want to dress in layers to meet your individual needs.

Valuables: Volunteers are solely responsible for items brought to Food Bank of Alaska. FBA is not responsible for any lost or stolen items. Please lock any valuables out of sight in your car.