

## TEFAP USDA Donated Foods Monthly Distribution Guidelines

The following are maximum distribution guidelines for USDA Donated Foods based on size of household. They should be used as a guideline, however you must consider “best-if-used-by” dates in managing inventory and distribute USDA Donated Foods in a manner that allows them to be consumed by such date.

Household Size	1-2	3-4	5-6	7-8	9-10	11 plus
Alaskan Pollock, (sticks or fillet)	1	2	3	4	5	6
Beans, Dry (2 lb. packages)	2	4	6	8	10	12 +
Beef Roast	1	2	3	4	5	6
Beef Stew (24 oz. can)	1	2	3	4	5	6
Beef, Ground (1 lb. pkg)	1	2	3	4	5	6
Canned Fruit /Vegetables	2	2	3	4	5	6
Canned Pork (24 oz. can)	2	4	6	8	10	12+
Canned Soups (#300 can)	1	2	3	4	5	6
Cereal (12-16 oz. box)	1	2	3	4	5	6
Cheese, Shredded (1 lb. bag)	2	4	6	8	10	12+
Chicken, Breast (5 lb. pkg)	1	2	3	4	5	6
Chicken, Canned or Pouch	1	2	3	4	5	6
Chicken, Whole Frozen	1	2	3	4	5	6
Dried Fruit (1 lb. packages)	2	4	6	8	10	12+
Instant Non-Fat Dry Milk (12.8 oz)	1	2	3	4	5	6
Juice, 64 oz. bottle	1	2	3	4	5	6
Juice, Concentrate 11 oz.	2	4	6	8	10	12+
Macaroni and Cheese (7.25 oz)	2	4	6	8	10	12+
Oats, Rolled (42 oz. Tube)	1	2	3	4	5	6
Pasta (1 lb. boxes)	1	2	3	4	5	6
Peanut Butter (18 oz.jar)	1	2	3	4	5	6
Pork Chops or Roast	1	2	3	4	5	6
Pork Patties	1	2	3	4	5	6
Potatoes, Dehydrated (1 lb. box)	1	2	3	4	5	6
Potatoes, White Sliced (#300 can)	2	4	6	8	10	12+
Pumpkin (300# can)	2	4	6	8	10	12
Rice (2 lb. package)	2	4	6	8	10	12+
Spaghetti Sauce (#300 can)	1	2	3	4	5	6
Walnuts/Nuts (5 lb. bags)	1	2	3	4	5	6