

September 2020

Hunger Action Month | FEEDING AMERICA

Asking for help isn't easy but helping can be. This September for #HungerActionMonth join Food Bank of Alaska and Feeding America and make a difference every day by taking actions like retweeting, wearing orange, donating or volunteering. Now more than ever, we need your help. We can end hunger one helping at a time.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Share this calendar with family and friends!	2 Start collecting change and donate at the end of the month.	3 Change your FB status to let others know you support the fight against hunger.	4 NATIONAL FOOD BANK DAY!	5
6	7 Star a FUND drive online and ask friends to support you.	8 Make a donation in honor of Grandparents Day.	9 SHARE your story with us! Just fill out our simple form on our website .	10 HUNGER ACTION DAY! Wear orange and share with us!	11 DAY OF CARING FOOD DRIVE!	12
13	14 Volunteer with us! Find opportunities here .	15 Collect donations: \$1 = meals	16 Talk about hunger with your family.	17 Tweet about hunger! (Or on Facebook or IG.)	18 Sign up for our emails.	19
20	21 Find more events to advocate or volunteer at!	22 Like Food Bank of Alaska on social media.	23 Discuss how you can fight hunger.	24 Build an emergency food box for you and a friend.	25 Take the SNAP challenge and eat for just \$5 all day.	26
27	28 Commit to yearlong work and set up your monthly gift.	29 Invite a Food Bank rep to speak in your community.	30 Donate the price of your favorite song download to a food bank.			



To find out more about Food Bank of Alaska and all the ways you can volunteer, advocate, and donate, visit our website: FoodBankofAlaska.org.